REVIEW ARTICLE

Current Concepts in the Management of Lymphedema: A Review

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Abstract

Lymphedema management has evolved rapidly over the past decade. This narrative review summarizes diagnosis and staging, conservative treatment, and surgical options, and highlights practical points for clinicians. *(Fictional content for template demonstration.)*

Keywords: lymphedema; lymphaticovenular anastomosis; vascularized lymph node transfer; review

Introduction

Interest in lymphedema management has grown substantially1,2,3. This review aims to provide a concise overview for clinicians and trainees.

Diagnosis and Staging

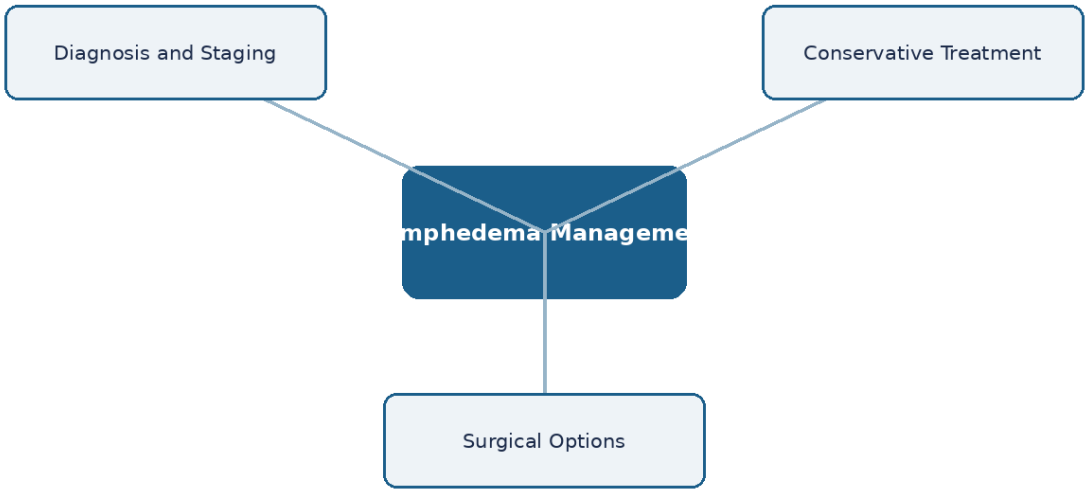
This section discusses diagnosis and staging in relation to lymphedema management3,4. Key considerations include patient selection, available resources and the quality of supporting evidence.

Current recommendations are largely based on observational data, and high-quality comparative studies remain scarce.

Conservative Treatment

This section discusses conservative treatment in relation to lymphedema management5,6. Key considerations include patient selection, available resources and the quality of supporting evidence.

Current recommendations are largely based on observational data, and high-quality comparative studies remain scarce.



Surgical Options

This section discusses surgical options in relation to lymphedema management7,8. Key considerations include patient selection, available resources and the quality of supporting evidence.

Current recommendations are largely based on observational data, and high-quality comparative studies remain scarce.

Conclusion

Lymphedema management offers meaningful benefits when applied thoughtfully. Ongoing research should focus on standardized outcomes and long-term follow-up10.

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